

Blue Ridge Parkway News Release  
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For Immediate Release  
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### Blue Ridge Parkway Offers Rock Castle Gorge Hikes

Rocky Knob Cabins near Milepost 174 (2 miles north of Mabry Mill)  
Saturdays: Aug 29, Sept 12 & 26 from 9:30 am - 2 pm.

Take advantage of the cooler weather for three final guided hikes of the season offered by the Blue Ridge Parkway on Saturday August 29, and September 12 and 26 from 9:30 am - 2:00 p.m. Learn the fascinating history of the Rock Castle community—a community that thrived in Patrick County from the late 1700s to the 1930s on this five-mile moderately strenuous hike. The trip is lead by Park Ranger and historian Mike Ryan whose local research makes the Rock Castle Community come alive.

Meet at the entrance to the Rocky Knob Cabins off of Woodberry Rd. Wear waterproof boots (or bring old shoes for stream crossings) and bring water and lunch. The hike will end at the lower end of the Rock Castle Gorge Trail at the CC Camp Road off of Route 8. Shuttle back to cars will be available for drivers, or you may set up your own shuttle ahead of time, or hike back to the starting point. Call ahead (540-745-9662) for directions or information about the shuttle.